

## History of The Devon Trichology Practice

Susan Mutton née Devenish trained and worked as a hairdresser under the watchful eye of her mother in a family business. As an advanced City and Guilds hairdresser/wigmaker Susan went on to teach in colleges. She was conferred The Licentiatehip of the City and Guilds of London Institute in recognition of achievement in Education, Training and Employment. Whilst a full time lecturer she took up part time study and was awarded the degree of Bachelor of Education having followed an approved Honours programme at The College of St Mark and St John, Derriford, Plymouth.

Susan recognised that there was a need for more practising trichologists, especially in the West Country. She had been interested in 'the science of hair' throughout her career in teaching and therefore decided to diversify and take up the studies needed for this specialism, enabling her to diagnose and treat disorders of the scalp and hair, and graduated with the Institute of Trichologists, London in 1995.

Starting in practise Susan took consulting rooms in Taunton and Exeter, one day a week being dedicated to each town, with a visiting service covering Cornwall. Now all patients are seen in Plymouth.

Susan has always made her service available at Maison Terry, 6 Drake Circus, Plymouth, which can be arranged for Mondays, booking is in advance for those wishing to be seen in the city centre Tel: 01752 404716 or Email.

The practice is run and operated from Elburton, Devon, where patients can be seen privately and confidentially, Monday to Saturday by appointment. For all enquiries and appointments please contact Susan (contact details overleaf).



## The International Association of Trichologists

As a member of the IAT Susan benefits by receiving updates and seminar news from around the world on a regular basis.

Notes from the Vancouver Conference in June gave information on topics from 'What's ahead in Alopecia Areata' by Dr Vera Price, to the research suggesting the cause of loss of colour in hair, and more about the yeast associated with dandruff.

The 32<sup>nd</sup> Annual Trichology Conference of the Association, in November, was this year held in Australia. It is always interesting, Susan says, to receive information from these meetings. Especially informative was the lecture by Zac Bobrov, technical director InterClinical Laboratories on the subject of "The relevance of trace mineral analysis of the hair to trichologists".

# Devon Trichology Practice Newsletter

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## Dandruff may soon be a thing of the past

This is very good news for those suffering from dandruff 'pityriasis capitis'. Medicated shampoos do help to control the flaking from the scalp but are not the complete answer to this problem for all.

In a study led by Proctor and Gamble the research outcomes are summed up by Dr Thomas Dawson in which he says: 'A complete genomic sequencing of a Malassezia genome opens tremendous opportunities for researchers to understand the interactions of fungi and humans'.

The 'yeast like' fungus feeds on sebum, the natural oil that is secreted from the skin for moisture and protection. Apparently this fungus cannot make its own fatty acids, which are essential for life, and therefore feeds on the human sebum, this is an associated cause of dandruff as we observe it.

### Susan's advice:

Since the severity of the scales, that can build up very quickly, and the type of scale presenting can be anything between fine tiny white grains, easily brushed away, to thick sticky scales adhering to the scalp, it is important that a correct diagnosis be made and suitable treatment offered as soon as possible. A lifetime of suffering is in many cases unnecessary.

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A member of  
The **Institute of Trichologists**  
Founded 1902



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## The Institute of Trichologists Annual Event

The Institute of  
Trichologists  
Founded 1902

A Professional Development Seminar and the Annual General Meeting of the Institute of Trichologists, held at the Wella Studio, London in November 2007, was attended by Susan Devenish Mutton. Students were presented with graduation awards during the day.

### Speakers

Dr. Hugh Rushton Ph.D., F.I.T.

Title of lecture was *'Controversies in Trichological Practice'*

The debate 'Iron and hair loss in women; what is deficiency? This is the real question!' has been followed by specialist trichologists for some years. Therefore, the topic was of great interest to all who attended and it was presented in a very light hearted way.

Dr. Susan Macdonald Hull of the Mid Yorkshire Hospitals NHS Trust gave an overview on the *'Recognition and Management of some Hair and Scalp Conditions.'* The work carried out by Dr Macdonald Hull within her own area is commendable, as treatment of patchy hair losses is not taken on by many specialists in this way, says Susan.

Natalie Hollingworth BSc(Hons), MSc, *'MRSA: Infection Control'*.

A clear explanation was given of what MRSA is and what infections it can cause, including how it can be treated and why it has become such a problem. Finally, proposing what can be done to combat the increasing spread in hospitals.

Dr. Bessam Farjo MBChB, fellow of the Institute of Trichologists, of the Farjo Medical Centre presented *'Hair Transplant Surgery - Update on Current Techniques and Cell Research'*. This was a particularly interesting presentation due to exciting new prospects for Male Pattern Baldness in the not too distant future.

## Society of Cosmetic Scientists

Susan Devenish Mutton is pleased to announce that she has become an associate member of the Society of Cosmetic Scientists.

The unique position of being a cosmetic scientist and trichologist including being registered with the Medicines and Healthcare products Regulatory Agency (MHRA) gives Susan the licence to diagnose, manufacture, and treat patients with a suitable medicated or cosmetic preparation.

Practising trichologists have mixed and supplied preparations over the last century. Ingredients blended are of the best quality, made up with care.

## le régime products

'le régime', created by Susan, is a range of medicated and cosmetic hair and scalp preparations. They are manufactured by Susan Devenish Mutton who is registered with the Medicines and Healthcare products Regulatory Agency, London. This registration enables her to mix and supply preparations for her patients and their families in a similar manner to a pharmacist mixing a prescription.



All who suffer from or are concerned by hair and scalp problems can benefit from applying 'le régime' preparations produced by The Devon Trichology Practice. They are developed and made up for the individual needs of each person. For example; a flaky or itchy scalp can be suffered by grandparents, parents and their children because of the genetic tendency for skin/scalp problems to be passed on from one generation to another. Sometimes the symptoms skip a generation, but where this is not the case the whole family can benefit from the appropriate medication that 'le régime' can supply.

The main reason for using a product from a registered trichologist, with licence to mix and supply, is that they make up a preparation at a suitable strength for the person concerned to treat a particular condition. Every care is taken to explain how to use the preparation.

A product leaflet is supplied and cosmetic preparations are available for everyone. However, it is necessary to see the trichologist if further help is needed to diagnose and treat. It is asked that an appointment is made. Treatments and preparations are included in the charge for a consultation and supplied if necessary. All follow-up visits are charged at a half hour fee and there is no charge for a check to ensure your preparation is still suitable for your present condition. This can change as the scalp responds to treatment.

## Head Lice

Hedrin is the most effective product, available from a pharmacy, to rid the scalp of Head Lice.

There is suggestion of a non-chemical method that has been researched by the Department of Biology, University of Utah, USA. The researchers say 'Our findings demonstrate that one 30-minute application of hot air, slightly cooler than a standard blow dryer, has the potential to eradicate head lice infestations.'



Visit the web-site: [www.devon-trichology-practice.co.uk](http://www.devon-trichology-practice.co.uk)  
for full details on the use of Hedrin.